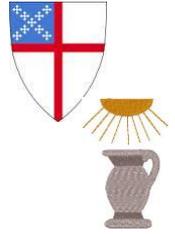




**The Venerable
Bede**

St. Bede Episcopal Church
Port Orchard, WA

Our Newsletter



"The Tidings"

NOVEMBER, 2018

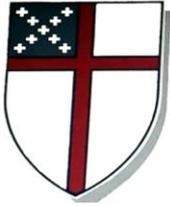
Special Events

**Bible Study - Book of Acts part 2
continues on Mondays, from 1pm – 2:30pm**
See page 2 article for more details

Grief Share Group
Tuesdays at 5:30pm
See page 6 article for more details

All Congregation Thanksgiving Meal
Sunday, November 18
following 10am Service

Joint Thanksgiving Service at St Bede's
Tuesday, November 20 at 7pm
Followed by Dessert Auction



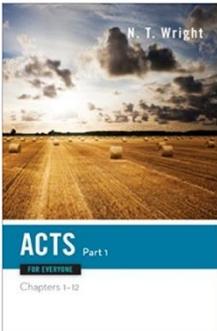
St. Bede's

Episcopal Church

Bible Study at St. Bede's

Fall 2018

Episcopalian Christians love the Bible. We love reading it in church together. We also love studying the Scripture in groups to learn how it applies to our lives, our relationships, our work, and our service to the community. While there are a lot of different formats for Bible Study, you might come across in Episcopal churches, usually you will find them to: be open-minded, find truth in both literal and figurative readings of the Bible, and seek to understand the history and culture that shaped the story. St. Bede's follows this approach to our Bible Study programs. Bible Study groups meet in the St. Bede's Parish Hall.



The Book of Acts (Part 2): A 12-week Study
Mondays from 1:00pm-2:30pm in the Parish Hall
Dates: **September 10, 17, 24; October 1, 15, 22, 29;**
November 5, 19, 26; December 3, 10.

Join in studying the book of Acts with St. Bede's Episcopal Church. We will use Bishop Tom Wright's "[Acts for Everyone](#)" Study Guide to shape our conversation. While folks can drop in on individual sessions, be sure to have read the selected Scripture in advance. Contact [the Rev. Arienne](#)

Lectionary Based Bible Study and Eucharist

Wednesday mornings from 11:00am to Noon
Dates: All Wednesdays, except Church holidays
Join in reading and studying the [Scriptures for Sunday](#).
Each week we study the following Sunday's Lessons.
Formats vary and include: conversation, lectio, art response among others. After the Scripture study, we celebrate an informal Eucharist around the Table.
Contact [the Church Office](#)



A THANK YOU Note from a very appreciative lady

Sept. 15, 2018

- To the nice people at St. Bede's,
I just want to say thank
you so very much!

A few weeks ago you were
kind enough to help me
with a pledge towards my
electric bill. Without your
help my power would have
been shut off!

I am unemployed right now
and without a car. But I
do have a roof over my head
and it's nice and warm!

I am very grateful.

Susan Kergow

ST. BEDE FAMILY NOVEMBER BIRTHDAYS



Happy Birthday!

Mike Crocco

Linda Varda

Steven Sawdon

Jeff Thomassen

Carolyn Zurn

Shirley McTee

Nick Cameron

Karen Bathgate

Jami Bledsoe

Allen Browning



**2018 Greening of the Church
Saturday, Dec 15
Start 10:00 am
Finish when everything is up**



Calling all elves!

Bring your extra fun stuff from home: holly, rosemary etc.

Bring work gloves, garden clippers for inside and outside greenery.

Live garland for outside the Parish Hall and Church makes our little church beautiful.

Please consider donating cedar garland - drop it off the week before or the morning of the Greening (by 10:30 am would be great). ☺

Breakfast snacks/drinks will be provided.

Person of contact: Teresa Barnet
360-731-9263

DESSERT FAIRE

Enthusiasm is building for the Dessert Faire, which will be held on Sunday, December 16th after the 8:00 and 10:00 am services.



The usual highly anticipated, yummy holiday foods and craft items will be available, as will one of Kathleen Ebbert's beautiful handmade afghans, Themed **decorative baskets** offered by the



Gathering Groups, and a **Gingerbread House** donated by Judy Houle, which will also be part of the **Silent Auction**. Laurel Stone's **musical talents** will add to the festive atmosphere and help us all to ease into the Christmas spirit.



Two craft-making sessions are planned for Friday, October 26 & November 16, from 10:00 am to 1:00 pm (snacks provided), and all church members are invited to come and go as their schedules permit. In addition, Fran Valley has offered to have a **Norwegian Krumkake-making class on Saturday, December 15 from 10:00 am until noon** (coincides with the greening of church). Mark your calendar and attend as many of these activities as you can or would like to. It promises to be a fun-filled weekend!



** A note to Gathering Groups ... Please have your baskets ready for display a week or two prior to the Dessert Faire.*

Judy Drummond

DAUGHTERS OF THE KING



Our October Meeting began with a Business Meeting, which included support for the Outreach Shoe Box project and a review of up-coming events.

Barb O'Hearn presented part 2 of the Beguine Movement, including their piety, preaching and perseverance in daily life. Discussion followed.

Our next meeting will be Saturday, November 10 at 11am in the Parish Hall.

FHS, Barb O'Hearn

EPISCOPAL CHURCH WOMEN (ECW)

The holiday season is beginning! Daylight Savings time ends on November 4, elections are on November 6, Veteran's Day is on November 11 and Thanksgiving is on November 22. St. Bede Church has a **Thanksgiving Potluck Luncheon** sponsored by the ECW which will be held on **Sunday, November 18 after the 10 am service**. **Turkey and gravy will be provided by ECW, Church attendees provide the side dishes.** Please do whip up your favorite Thanksgiving addition and bring it to the lunch in the parish hall and enjoy good food and fellowship.



Preparations are now being made for the **festive Christmas Dessert Faire Plus!** There will be a **Norwegian Krumkake making party on Saturday, December 15, from 10 to 12** in coordination with the



 **Greening of the Church event. You can help make Krumkake and buy some to take home.** This is also a good time to drop off dessert faire items and help set up for the sale. Do plan to attend and enjoy the wonderful aromas and smells of the Advent Season in preparation for Christmas.

On **Sunday, December 16** the festivities continue with the **Annual Dessert Faire Sale!** Yes, it will be



the traditional **food sale**. Plus, **silent auction, crafts and gently used holiday décor**. Some items will be priced for



children to purchase. **Your contributions of food** have made it a successful sale in years past and continue to be the main attraction. Added are auction items, gift baskets and crafts (made by various groups and individuals) to help round out your food and gift shopping; or to treat yourself. **You are invited to come, bring something to donate and buy something wonderful to take home.**

ECW members hope that you will put this weekend on your calendar to attend and enjoy the festivities.

Mary Ann Balyeat, President



OUTREACH COMMITTEE

Dear Church Family,

Your Outreach Committee has been busy allocating the funds you have entrusted us to spend. This month we asked for money for Helpline; Backpacks for Kids, Port Orchard; E R D; and Chaplain's on the Harbor.

Chaplain's is really working hard in the Grays Harbor area. You may have read the Homeless Camp that has been there for several years is now fenced in and no one who does not live there can take a vehicle within several blocks. It is also slated to close soon. Chaplain's is trying to find places for the residents before their belongings are taken and destroyed.



Episcopal Relief and Development has been very busy assisting those affected by the Hurricanes, earthquakes, volcanoes and all the other "Natural Disasters".

Helpline personnel are SO grateful for St. Bede. They tell me often they don't know what they'd do without our support. Did you know they sell wonderful vegetables from their garden?



Backpacks needs no explanation. We all know hungry children can't learn.

Thank you for the opportunity to help do God's work.

Blessings, Your Outreach Committee

Mark your Calendars and join us

**Joint Church Thanksgiving Celebration.
this year at St Bede
Tuesday, November 20 at 7pm.**

**There will be a Dessert Auction
following the Service.
Members are invited to bring a dessert to share
with the congregation**

**Sponsored by Elim Lutheran, First Lutheran, Spirit
of Life Lutheran and St Bede Episcopal Churches.**



FAMILY KITCHEN

Dear Family of God,
Whew! Another Family Kitchen put to bed.

We served 26 guests and sent home food for at least another 15 meals. We served hamburger and potato augrautin, cauliflower, green salad, rolls and butter, juice, milk, and gooey butter cake for dessert.



Two separate families that ate with us this evening commented on how important the Family Kitchen is to them. They are all working full time and have to rely on the FK to see them through the month. They are so grateful for the meals and for the kindness they receive.

Thank you Glen, Sarah, Don, Debbi, Rod, Clara, Ron, Rita, Kathleen, Gary, and Phil. The fellas sure made a big showing for us AND they let me boss them! It was a great day.

I'm so thankful for this ministry. Every time I feel weary or worried, something or somebody blesses me. A stranger paid for my dinner at Wendy's tonight. I was hungry, and he fed me.

With great love for you and yours, **Margo Spence**

MUSIC ARTICLE



Music is such an influential part of our 10:00 am service, as many of you have expressed.

I hear about the songs you sang in the past and make an effort to include them somewhere in the service. **November is an opportunity to sing**

special songs of thanks which we don't hear often through the year. If you leaf through our "Hymnal of 1982" you might note that the tunes originated from all over the world.

As you know, two of our small group of hand chime players and their mates have been in hospital, effectively canceling practices and hand chime offerings. When they are ready, we will be playing holiday chime songs together again.

From where I sit, the congregation is our singing 'choir', and makes beautiful music with the diversity of our voices. Because they are printed in the bulletins, hymns are accessible and easy to read. Many have more than one 'tune' and we can try out both as we work through the year in our musical liturgy.

Lift Every Voice and Sing, **Mary Ferreira**

FLOWER AND CANDLE DONATIONS



Altar flowers certainly enhance our services. Thank you to those who recently signed up to donate \$20 for flowers, particularly since Altar Guild funds are running low.



The following Sundays are still available: November 18, and December 9, 23, and 30. For \$5 sanctuary candle donations, the following Sundays are open: November 18 and 25 and all in December.

For those still intending to donate, **please make checks payable to St Bede's with flower or candle donation in the memo line.**

Cyndy Dillon, cpdillongh@comcast.net or 253 225-9284 can answer any questions.



PARISH NURSES



Here are five reasons why you should get your flu shot this year:

1. The flu is more serious than you may realize

According to a study by the CDC, more than 200,000 people in the United States, on average, are hospitalized each year for illnesses associated with seasonal influenza virus infections. It can be deadly. Certain groups of adults are at higher risk for serious illness and complications from the flu, including:

- People with chronic conditions such as asthma and diabetes.
- People with heart disease and those who have had a stroke.
- Adults 65 and older.
- Pregnant women.
- People who have HIV or AIDS.
- People who have cancer.
-



2. The flu vaccine is the most effective way to prevent illness caused by seasonal influenza viruses

The CDC estimates that the flu vaccine reduces a person's risk of developing flu-related illness – serious enough to require a doctor's visit – by 61 percent. The effectiveness of the flu vaccine may vary from year to year based on several factors, including how closely the flu vaccine matches circulating flu strains.

3. You should receive a flu vaccine that is appropriate for your age and other risk factors

4. Last year's flu shot won't provide adequate protection from the flu this year

There are several reasons why you need to get a flu shot every year. **First**, your body's immune response to the vaccine gradually declines, so an annual vaccine is needed to provide continuous protection. **Second**, flu viruses are constantly changing. Each year, the strains covered in the flu vaccine are reviewed and adjusted.

5. The flu vaccine is covered by many health plans

The Affordable Care Act requires most health plans to cover preventive care, including influenza vaccinations. Check with your health plan. Some plans may require that your vaccine be administered by a health care provider who is a member of the plan's network in order to qualify for coverage.

Flu vaccination is the best way to prevent getting the flu as a way to protect yourself and to *prevent spreading the disease*. And remember, contrary to popular belief, you cannot get the flu from the flu vaccine. Flu season overlaps with the cough and cold season. If you get a cold shortly after you get a flu vaccine, it's completely unrelated to the vaccine. (Unfortunately, the viruses that cause colds are completely different from the flu virus, so the flu vaccine offers no protection against colds.)



In summary, it's more important to get vaccinated than to worry about getting sick from the vaccine. The only option not worth considering? Failing to get your flu vaccine.

Ken and Mary Hulet, Parish Nurses

***When cares increase
within me,
your comfort gives me joy.***

Psalm 94:19

TIDINGS

Published monthly by

St. Bede Episcopal Church

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The Rev. Arienne Davison - Vicar

bedesvicar@gmail.com

Services:

Sundays -

**8:00 AM - Holy Communion
without Music**

**10:00 AM - Holy Communion
with Music, and
Sunday School**

Wednesdays -

**11:00AM - Holy Communion
Bible Study and Prayer**



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**In the love of Jesus Christ, St. Bede joyfully welcomes you
and seeks to serve and to nurture spirituality in all.**