



**The Venerable  
Bede**

***St. Bede Episcopal Church***  
*Port Orchard, WA*



***Our Newsletter***

**"The Tidings"**

**APRIL, 2019**

***Special Events***

**PALM SUNDAY – April 14**  
**Services at 8am and 10am**  
**Process into Church from Parish Hall**

**MAUNDY THURSDAY – April 18**  
**Service at 7pm**

**GOOD FRIDAY- April 19**  
**Services at**  
**2pm with Stations of the Cross**  
**7pm Good Friday Service**

**EASTER DAY – April 21**  
**SERVICES at 8am and 10am**  
**Followed by Easter Egg Hunt for the children**

## ST. BEDE FAMILY APRIL BIRTHDAYS



Elisabeth Mills	Jacob Wilson
Jim Drummond	Jeri Goebel
Micah Hargrave	Linda Beetz
Patricia Fulford	Mark Williamson
Gerry Davison	Richard Dykstra
Bill Thaete	Jim Fraser
Michael McFarland	

*Soup Suppers and Program*

*continue on  
Wednesdays until April 3*

*6:00pm in Parish Hall*

*Come and enjoy delicious soup,  
fellowship, and prayer.*

*Explore ways to use  
Christian Discernment in everyday life.*

## Daughters of the King

The Daughters of the King (DOK) meeting welcomed Ken and Mary Hulet, who related the development of their community service ministry. Members were very interested.

The April Meeting will be one of quiet prayers in preparation for Easter. Members are requested to bring a prayer or verse to share.

For His Sake, Barbara O'Hearn

## FLOWER AND CANDLE DONATIONS



**Thank you to those who signed up to donate \$20 for flowers, and \$5 for Sanctuary Candles.**

**Altar flowers certainly enhance our services.**



**We have many Sundays still available for you to sign up for Flowers and / or Sanctuary Candles.**

**There can be more than one family for any Sunday.**

**Feel free to check the list in the Parish Hall.**

Please remember to **make checks payable to St Bede's with flower or candle donation in the memo line.**

**If you have any questions, please contact:**

**Cyndy Dillon, cpdillongh@comcast.net or 253 225-9284.**



## Family Kitchen

Our next Family Kitchen Meal will be on

**Monday, April 22 from 11-6pm.**

We start preparing and cooking food at 11am and serving begins at 5pm followed by clean up.

Feel free to come at any time.

**Please contact Margo Spence at 360-710-1725 for more details**

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**MARK YOUR CALENDARS**  
**SATURDAY, JUNE 1 - SPRING FLING**

**It is not too early to start collecting your  
items to donate for the sale.**

**Items may be brought to the Parish Hall any  
time during the week of May 26**

## EPISCOPAL CHURCH WOMEN (ECW)

Coming on June 1 is the **SPRING FLING**.

This annual “rummage” sale is being held again this year with set up days of May 30 and 31 and the sale on Saturday, June 1. **MUCH HELP IS NEEDED** to make this happen. All **MEN AND WOMEN of St. Bede**, if you can donate, help set up, sell or take down, **PLEASE** contact either Kathleen Ebbert or Jami Bledsoe who are chairing this event. This is an **ALL CHURCH EVENT**. All proceeds of the sale go to projects at St. Bede Church.



**Did you leave something in the Church Kitchen?** Five ladies spent several hours cleaning, reorganizing and making the kitchen less cluttered throwing away outdated and unused items. There is a basket in the Parish Hall of dishes left in the kitchen.

**PLEASE CHECK THE BASKET** for items that may belong to you. Anything that is not claimed by May 30<sup>th</sup> will be **SOLD at the SPRING FLING!** If you left a spatula, rolling pin, egg beater, or a serving utensil, please check the drawers in the kitchen to claim those items. **THANK YOU ladies for helping put our kitchen back in order.**



Any time you use the kitchen, do leave it as neat and clean as you can. Thanks.

Episcopal Church Women, also known as Martha and Mary Guild is made up of **ALL of the women** of St. Bede. The objective is to be the Marys' and Marthas' who serve Christ at St. Bede to make it a caring and better place.



**Meetings are held on the third Tuesday of the month in the Parish Hall at 10:00 a.m.**

Coffee, tea and treats are served. Do join us!

**Mary Ann Balyeat, President**

## THANK YOU



Gary and I wish to **THANK you ALL so very much** for all your prayers, love, and support during his recent bout in hospital

We are please to say Gary is now home and we hope and pray he will continue to improve and get back to his 'normal' self.'

We are so grateful and feel so very blessed to have such a loving Church Family.

**Gary and Kathleen Ebbert**



## PARISH NURSES

This is an excerpt from  
**Kitsap Public Health District Newsletter**



There have been five (5) influenza-related deaths reported to the Kitsap Public Health District since the last week of February.

All five individuals were positive for influenza type A and had underlying medical conditions. Three were adults (aged 19 to 64 years old) while 2 were over 64 years old.

Influenza sends thousands of people to the hospital every year. The flu can cause days of fever, cough, sore throat, and body aches. In some cases, the flu leads to death. Even healthy people can become seriously sick or die from the flu.

The flu can cause serious illness or hospitalization for some people, especially those in these higher risk groups including:

- Seniors
- Children under age five
- Pregnant women
- People with diabetes, asthma, heart disease, extreme obesity, weakened immune systems or other chronic medical conditions
- Residents of long term care facilities
- American Indians and Alaskan Natives

If you are in one of these higher risk groups and you develop flu symptoms, contact your healthcare provider right away. Antiviral medications taken within a day or two after the flu symptoms start can help people at higher risk avoid complications, including pneumonia, hospitalization, and death.

If you have no underlying chronic health conditions and are not among the high-risk groups, you can usually treat yourself or your child at home by getting plenty of rest and drinking lots of fluids.

### **Protect yourself and your loved ones**

- Get the flu shot. It is not too late!
- Stay at home if sick, and if asked, wear a mask.
- Wash hands often, especially before touching eyes, nose and mouth or eating.
- Cover coughs and sneezes with elbow or tissue.

For more information on influenza in Kitsap County, visit [www.kitsappublichealth.org](http://www.kitsappublichealth.org).

Stay Healthy!

**Ken & Mary Hulet Parish Nurses**

## **TIDINGS**

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**St. Bede Episcopal Church**

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**The Rev. Arienne Davison - Vicar**

[bedesvicar@gmail.com](mailto:bedesvicar@gmail.com)

## **Services:**

**Sundays -**

**8:00 AM - Holy Communion  
without Music**

**10:00 AM - Holy Communion  
with Music, and  
Sunday School**

**Wednesdays -**

**11:00AM - Holy Communion  
Bible Study and Prayer**



**St. Bede Episcopal Church**

**P.O. Box 845**

**Port Orchard, WA 98366**

**In the love of Jesus Christ, St. Bede joyfully welcomes you  
and seeks to serve and to nurture spirituality in all.**