



**The Venerable
Bede**

St. Bede Episcopal Church
Port Orchard, WA



Our Newsletter

"The Tidings"

NOVEMBER, 2019

Special Events

Children's Godly Play
Sunday, at 9:45am in Church basement

Monday Bible Study 1pm in Parish Hall

Grief Group
November 18 - Surviving the Holidays
4:30pm in Parish Hall

Thanksgiving Potluck – Sunday,
November 24 after 10am service

Bishop's Visit - Sunday, December 1

Mark your calendars:
Dessert Faire
December 15 following both services

ST. BEDE FAMILY NOVEMBER BIRTHDAYS



Happy Birthday!

Mike Crocco
Linda Varda
Steven Sawdon
Jeff Thomassen
Carolyn Zurn

Shirley McTee
Nick Cameron
Karen Bathgate
Jami Bledsoe

Monday Bible Study

On Mondays at 1pm, we explore the books of the Bible that St. Paul wrote during his time in Prison. This series continues our journey through the Pauline Epistles!

We use Bishop Tom Wright's "Paul For Everyone" to anchor our study.

At each meeting we pray, read Bishop Wright's translation of the passage, then talk about how Jesus is at work in our lives and in the lives of St. Bede's.

Participants should bring "Paul for Everyone: The Prison Letters,"

to sessions, so that we can take turns reading selected passages.

The remaining dates are:
November 4, 18, 25; December 2

CHILDREN'S GODLY PLAY

**Sundays at 9:45am, in the Church basement
Children of all ages are welcome**

***We also invite Safeguarding God's Children
trained members to be a part
of our kids Spiritual Development***

Fall Series: Committing to Christ

On December 1, our Bishop Greg Rickel will visit St. Bede's for his every 3 years visit! **As a community, we will prepare ourselves for Baptism, Confirmation, Re-Affirmation and Reception.** If you or a member of your family is ready to commit to Christ, contact the church office so we can plan when and how to prepare you best! **ALL ARE WELCOME!**

**Dates for remaining Soup Suppers & Classes:
October 30 and November 6; from 6pm to 8pm**

ST BEDE GRIEF GROUP

**Surviving the Holidays
Monday, November 18
at 4:30pm in the Parish Hall**

**Please contact Ken Hulet for more details
at (360) 620-7495**

EPISCOPAL CHURCH WOMEN (ECW)

The Women of the Church (ECW) meet on the third Tuesday of the month in the Parish Hall. At the last meeting, preparations for events for November and December were discussed and planning is beginning to take shape. We are entering a very busy and fun season. **There are a number of dates to note on your calendar.**

November 24 – Church Thanksgiving Potluck after the 10am service. Turkey and gravy will be provided, **your side dish contributions will fill out the meal.** A sign-up sheet will be available in the Parish Hall to help you to know what is already chosen and avoid duplication.



Sunday, December 1 begins Advent. “Advent is the season in the Church that is a time of expectant waiting and preparation for the celebration of the nativity of Jesus at Christmas”.

The ECW Dessert Faire during Advent is part of the festivities of preparing for Christmas. We have started the preparation process.

At St. Bede’s this year, the beginning of Advent has a special addition, the **visit from our Diocese of Olympia Bishop, Greg Rickel.** Not only will he be amongst us to share our usual worship services, he will also baptize, confirm, and receive those who have prepared for this special moment in their lives.

Following the service at 10 am there will be a reception to welcome the newest members.

The members of St. Bede are asked to bring “finger food” treats for coffee hour that day to

assist Group 1 since the congregation will be a large one.

(Finger foods are foods that can be eaten without forks or spoons.)

Please do plan to help by bringing a “finger food”.



Saturday, December 14—Greening of the Church and Setup time for the Dessert Faire. Greening of the Church this year is under the leadership of Margo Spence. Let’s make this a **family affair with all congregation members attending** to help put up greens and make the Church ready for Christmas.

ECW will have hot beverages and snacks available for those who attend.

Sunday, December 15—Dessert Faire. What started out years ago as a Holiday Food Sale has grown to include décor, crafts, gift baskets, homemade afghans or quilts or? Everyone is asked to contribute a baked good or homemade jelly or other food goody to sell and buy something as well. 😊

Please do contact Judy Drummond if you have contribution of other items besides food. Judy is coordinating the event. Judy has a Tidings article that explains in more detail the Dessert Faire planning.

The proceeds of the Dessert Faire have made it possible for ECW to fund projects around St. Bede. The most recent project was the renovation of the ramp into the Church. With the help of some congregation members, and Michael McFarland's NJROTC group, the ramp is now repaired, repainted and usable. ECW funded the materials needed to do the work.

It may seem early to plan December but the days do get busy and time moves quickly. Please do plan to participate in these all-Parish events!



Mary Ann Balyeat

DESSERT FAIRE

It's hard to believe we are near the end of October, and the holiday season will be upon us before we know it!



St. Bede's annual **Dessert Faire** will be held again this year after the church services on **Sunday, December 15th**. As in past years, our focus will be on offering holiday food goodies (some of our members are known for offering their delectable edible treats!), homemade crafts, and one of Kathleen Ebbert's beautiful handmade afghans, which will be available for a **Silent Auction**.

The Episcopal Church Women (ECW) will assemble contributions from the congregation for one or two baskets, which will be sold at the Dessert Faire. Contributions may be brought to the Parish Hall during office hours and Kathleen will keep them safe in her office.



Because the Christmas **craft-making sessions**** were popular last year and attended by some very talented people, they will be offered again this year. They'll begin in November, and we hope you'll plan on attending!

The success of the **Dessert Faire** involves participation of as many church members as possible, so please dust off your talents and begin sewing, knitting, cooking and creating whatever your speciality is!

****Please let me know if you're willing and able to coordinate the craft sessions. Phone: 360-443-6567**

Judy Drummond



OUTREACH COMMITTEE

Dear Church Family,

In collaboration with the Diocese of Olympia and the Episcopal Relief and Development Fund, we were able to donate more than \$2,500.00 to two families in Port Orchard, who were affected by the tornado,. Thank you for the hard work of Linda Beetz and all your support to make this happen.



Your Outreach Committee

FAMILY KITCHEN



The weather was frightful, but 51 brave souls ventured out for a hot meal. We served ham and beans, corn casserole, coleslaw, and fruit salad for dessert with the usual beverages. Because my voice doesn't carry, a nice young man stood up with me and spoke loud enough to be heard by everyone and made the announcements go much easier.



thank
you!

Thank you to all the helpers. It would not be possible to do this without you.

We will serve in November and December but will not serve in

January and February due to holidays. We serve on the 2nd to the last Monday of the month.



There are a few changes coming to Family Kitchen in January. **We will no longer be providing plastic bags, styrofoam containers for leftovers, juice, candy or lettuce salads. The guests can bring their own bags and containers for leftovers.**

Margo Spence

Convention Childcare! (Hangout with Charlie D.!)

Do you love working with kids or know someone who does?

The Episcopal Diocese of Olympia is recruiting childcare providers for our annual Diocesan Convention in Lynnwood on Friday, November 8 and Saturday, November 9.

Childcare providers will assist with children under age 10, playing games, doing crafts, reading books, feeding snacks and lunch. \$20/hour. Travel expenses will be reimbursed (mileage/bus/tolls/ferry/etc.) and lunch provided. Required: background check and the Safeguarding God's Children on-line training (details will be made available). **For more information and to let us know if you are available for either or both days, email Aemelia at atripp@ecww.org.**

The Bishop is Coming!

First Sunday of Advent, December 1



We are excited to announce our Bishop will be making his regular (every 3 years) visit to St. Bede's on the First Sunday of the church year! December 1, Bishop Rickel will join us for worship and meet with the Bishop's Committee to reflect on the good work God is doing among us.

Bishop's Visitation is a tradition that goes back to the earliest chapters of church history. In the earliest days, each town had one house church and one Episcopos (Bishop, in Greek) who oversaw the work of the church in that town. As the churches grew and divided to accommodate more people, Bishops began to appoint Priests (Priest = Presbyteros, or elder) to administrate and perform sacraments in their place. As the territories covered by each bishop grew, the number of places to visit grew and grew. In the Episcopal Church, our rules say that in order to do a good job of overseeing congregations, the Bishop should visit no less than every 3 years. **These visits allow the Bishop to fulfill their purpose: oversee and encourage the ministry of local congregations.**

Visits have 2 main goals. First, to connect the sacramental life of the worldwide or universal Church to our little white church by the side of the highway. Bishops are the only ministers permitted to Confirm adult members and observe the Reception of Christians from other denominations into the Episcopal Church.

These visits are also a particularly appropriate occasion for Baptisms and the Re-Affirmation of Faith for those who have been away or experienced recent transformational growth in their faith journey.

The second goal of Bishop Rickel's visit will be to talk with us about the health, faithfulness, and sustainability of St. Bede's.

During his visit, Bishop Rickel will review our records of services held. He will also convene the Bishop's Committee to hear more from leadership about how God is at work and help us discern where God might be calling us to go.

More than anything, this will be a day for us to celebrate the special way we embody Christ in the wider Port Orchard area. Blessings,

The Rev. Arienne Davison, Vicar

PASSING THE PEACE

Each Sunday following the confession, we pass the peace. Our church is very energetic in the passing of the peace primarily because we genuinely care about one another and want to greet each person in the congregation with an outstretched hand or hug. It must be shocking for a visitor who comes from a church where the congregation stays in their chair or pew and greets those in their immediate presence.

There is nothing wrong with the way in which we pass the peace, but we should understand the meaning of the act.

A little information regarding the intention behind the passing of the peace. **This piece of our liturgy was not intended to be a time of engaging in a conversation**, and it was intentional that the passing of the peace follows the confession. This is because the purpose of passing the peace is to make right any relationship which has suffered for any reason, really a time of reconciliation and forgiveness.

By doing this passing of the peace between confession and the sacrament of Eucharist, one then receives communion with a clear conscience and in right relationship with God.

Over the years, the act of passing the peace has lost some of its original meaning especially for small churches such as ours. It's become an act of greeting one another in God's love and that is certainly always a good thing. **So - greet one another with love, forgiveness and reconciliation in God's peace and enjoy visiting with your friends during the fellowship hour.**



PARISH NURSES

Hang on to your happiness



PART 4 of 6: Hang onto your happiness

by Carey Rossi

Here are 2 more ways you may be sabotaging your good moods and what you can do to turn it around!

You're never alone

Between kids, work, marriage, and other activities, you can't find a moment to be alone (and locking yourself in the bathroom doesn't count). Leonard stresses the importance of finding time for yourself, whether it is 10 minutes, an hour, or a day. **Without taking the time to do things for yourself, depression and anxiety creep in, says Leonard.**

Get happy now: Schedule an appointment for *you* time. And more importantly, keep it.

You don't actually talk to anyone

If you primarily use texting, Facebook, and other social media to stay in touch with friends, you're not having meaningful contact—and chatting up the Starbucks barista every morning doesn't count. **"Facebook pages are entertainment," Clay says. "These are not true conversations that allow us to understand people.** Instead, it lessens our experiences and feelings." Michael Mantell, PhD, a behavioral sciences coach based in San Diego, Calif., agrees. **"Personal electronics (like smartphones) have also impacted attention, demands for immediate gratification, and expectations**

that the press of a button can lead to instantaneous connection," Mantell says. "We have also learned to not have face-to-face connections, only virtual. **This impacts our ability and interest in sitting in the same room with someone, and actually talk with people face-to-face.**"

Get happy now: "At the end of our lives, the number of followers we have doesn't matter," Clay says. "But friends do." Make sure to schedule a date with a friend, family member, or partner at least once week. **Ken and Mary Hulet, Parish Nurses**



FLOWER AND CANDLE DONATIONS



We still have several opportunities to honor loved ones with beautifully arranged Sunday flowers or sanctuary candles for the rest of the year.

For flowers (\$20), please sign up for November 3 or 17, and December 8, 15 or 29.

For sanctuary candles (\$5), November 3 or 17 and December 8, 15, 22 or 29 are available.

You can double up with someone who has already signed up for another day and we'd have extra funds for days we are missing donations. Fill out paperwork in the Parish Hall and designate flowers or candle on your check or with cash donations (*checks should be made out to St Bede*).

For more information, contact Cyndy Dillon, cpdillongh@comcast.net or **253 225-9284**.

TIDINGS

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The Rev. Arienne Davison - Vicar

bedesvicar@gmail.com

Services:

Sundays -

**8:00 AM - Holy Communion
without Music**

**10:00 AM - Holy Communion
with Music, and
Sunday School**

Wednesdays -

**11:00AM - Holy Communion
Bible Study and Prayer**



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**In the love of Jesus Christ, St. Bede joyfully welcomes you
and seeks to serve and to nurture spirituality in all.**