



The Venerable  
Bede

*St. Bede Episcopal Church*  
*Port Orchard, WA*



*Our Newsletter*

**"The Tidings"**

**JUNE, 2020**

**Special Events**

*Staying Safe is the most important thing  
we can do during this difficult time.*

*Next is to keep in touch with each other,  
by phone, email, Facebook, texting,  
whatever works for you.*

*Having our services online has proved to  
be successful and helpful.*

*Our Gathering Groups have been  
reaching out to each other.*

*We have never experienced anything  
quite like this. We are in this together and  
if we stick together, we will get through it.*

## Message from our Priest in Charge – Joseph Hickey-Tiernan

### A New Day

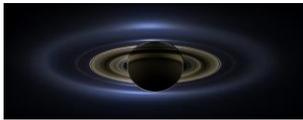


This is a New Day, O Lord. I know not what it will bring forth, but make me ready, Lord, for whatever it may be. If I am to stand up, help me to stand bravely. If I am to sit still, help me to sit quietly. If I am to lie low, help me to do it patiently. And if I am to do nothing, let me do it gallantly. Make these words more than words, and give me the Spirit of Jesus. Amen. *[In the Morning, BCP p 461]*

*This Prayer can be found among Prayers for the Sick in the Prayer Book. We have added it to the bulletin for next Sunday's Virtual Communion Service on our Facebook page. It is a companion to what I am about to share with you here:*

### That Anxious Feeling that's Going Around

Many years ago, when my daughter was tiny and full of wonder, she woke in the middle of the night and came to my room to say,



“Daddy, we’re surrounded by NOTHING!” She had heard about Space, Outer Space, what surrounds our Earth and all the planets and the stars. She had arrived at the feeling

of having nothing to hold on to, of nowhere to stand.

***We were surrounded by NOTHING.***

We could smile knowingly, thinking she would learn more when she gets older. I’m older than she was, older than I was then, but sometimes I still have that same feeling.

Looking at a blank computer screen can bring the feeling to me, if I want the Tidings article to begin writing itself across the page, and NOTHING comes.

After several months of Covid-19, distancing from others has brought it to many. **This year, high school and college graduates may feel that way when they ask each other or themselves, “What Now?”** Men and women, whose predictable lives had given them a rhythm and a beat, week after week, realize their metronome is now broken. “What comes next?” may offer them a blank screen too.



Stuffing the gap with distractions may work briefly, but remembering how busy we were just a short while ago irritates and angers us, even while our reason reminds us we are doing the right thing. Whether our current experience will last a longer or shorter time, swerving off the familiar path has given us a glimpse of something very human, and we all have known what my daughter discovered so long ago.

What I like about the prayer printed above is that it faces that anxiety down. The prayer slides downward past all the temporary fences and failsafe devices of our day to day lives, and lands in another realization. Instead of “Things will return to normal,” the prayer whispers, “He’s still here with you.” I can remember “standing bravely,” face frozen to receive a boyhood scolding. I got through that, more than once, but anxiety returned when nobody was watching but me. I can recall watching the big classroom clock, concentrating on seeing the hand actually move, but “sitting quietly” was only an act. There was plenty of noise inside me.

As a priest, I began sharing this prayer with people whose bodies were tired from illness or decline, and was surprised at their reaction. It became a daily prayer for many. Along with the realization that the time might come when they could do NOTHING, there also came an invitation to receive the Spirit of Jesus.

“Gallantly” is hardly a word that comes up in conversation anymore, but it aspires to something beyond just one step after another, beyond getting back to “normal.” It is a word that truly marches to a different drummer. The person who can hope to be gallant is a person who knows there’s more inside than hours and years and fears.

As we approach the end of the Lent and Easter cycle in our Church Year, we recognize the wisdom of taking both “pills” together. The Dying and the Rising of Jesus, perhaps many times over, fit together, work together to make holy and enduring all the falls and dead ends of our days. The NOTHING that surrounds us fills up with the Presence that created us in Love, and sustains us as Cherished by God, and made New in the Spirit. That feeling we dread may come back, but the Hope that we will still be more than that will not only

face it down, but fill us with the Spirit of Jesus. When it seems there is Nothing we can do, we will turn to Loving gallantly. Give us the Spirit of Jesus.

*Joseph, priest*

**ST. BEDE FAMILY  
JUNE BIRTHDAYS**



- |                 |                 |
|-----------------|-----------------|
| Maryann Jordan  | Noah Thomassen  |
| Arienne Davison | Dan Hopkins     |
| Phil Pollard    | Patti Pollard   |
| Lydia Wilcox    | Arina Gossett   |
| Paul Gaudette   | Kealani Davis   |
| Kathleen Ebbert | Mary Ferreira   |
| Anne Liepman    | Russ Rosenquist |
| Tom Wilkin      | Don Lorimor     |
| Helen Carter    |                 |

**Invitation to St. Bede’s Wednesday Bible Study  
with Joseph**

**We meet on Wednesdays, via Zoom, at 11 am-11:45 am**  
to read and discuss the readings for the following Sunday.

**We would love to have you join us.**

Each Tuesday you will be sent the link to join the Zoom meeting on Wednesday, and a copy of the readings.

**If you are interested, please contact Karen Bathgate.**

**360-792-1807; kbathgate@comcast.net**

# GREETINGS FROM BEHIND THE CAMERA

**Thank you all for your patience and understanding as we take our little church to the world via this new platform.** It has allowed

us to reach you, our regular parishioners, as well as others, at home, and even people overseas! God really does work in mysterious ways.



It has been fun learning all that is involved in setting up our little broadcast system. First it was figuring out what we could do with the equipment we had. Then getting enough connectivity from the far end of the parish hall into the sanctuary, and then learning some new software to bring it all together. **I hope you have enjoyed the little graphics we have added to the beginning and end. We even got fancy with our second camera angle.**

There is plenty of room for improvements we know, but **we hope that what we have been able to pull together helps you feel part of the community that make us St. Bede's.** If you have any ideas or things you would like to see, please pass them along.



**We post the video live on Sunday's at 10am but you can return to watch it at any time later on.**

Although it is posted via Facebook, you do not need to have a Facebook account in order to view either the live feed or the archived videos. Simply go to St Bede's web page and then hit the Facebook icon in the upper right-hand corner. When you are asked to "Sign in" or "create an account" simply choose the "not now" option and **you will still have full access to the St Bede's page, including Hillary and Chuck's Order of Compline readings! Once on the Facebook page you can even leave comments during or after the service, let us know you were there and what you liked, even exchange the peace.**



This experience has been extremely fulfilling for not only those in front of the camera, but also for those of us behind the camera.

We have enjoyed using our creative minds to find ways to connect during this time of challenges and hope you enjoy it and are able to find in it a connectedness to our community of St Bede.

Regards, Jeff Thomassen

## Bishop's Committee Message



We have been meeting virtually and will continue to do so until we can safely meet in person. Our focus in these challenging times has been on communication, pastoral care, and meeting spiritual needs as best we can.

We have set up a phone tree where members of the BC each have a group of parishioners to connect with regularly.

Our Sunday services, Compline on Sunday and Tuesday evenings, and occasional coffee hours are well attended.



A few of us meet on **Wednesdays for a Bible Study** on the readings for the following Sunday, and would love to have more join us. (*See separate invitation for Wednesday Bible Study*).

We would like your input. What do you see as pressing needs of our congregation as we face the next few months?

We would like to thank all those involved in keeping St. Bede's Spirit alive and doing God's work from making our worship services available, to filling our Little Pantry, to showing love and kindness toward each other in a variety of ways, during these difficult times.



God Bless you, **Karen Bathgate, Senior Warden**



**To our High School Graduates:**

**ASHLEY CAMERON,  
MICAH HARGRAVE  
MICHAEL MCFARLAND  
LYDIA THOMASSEN**

**And our College Graduate:**

**ZOE WILTZ**

### **Men are less likely to wear face masks**

Men are less likely to wear face masks, research shows, in part because they see them as a sign of weakness. It's not weakness to protect yourself and your loved ones. **Wear a mask when social distancing is not possible.** Wear the mask, wash your hands frequently and avoid large groups. Maintain your social distancing. **Stay healthy and safe.**

**Ken and Mary Hulet, Parish Nurses**

## Greetings from St. Bede's Music Corner



Happily, we have had music at our service since Easter, and it gets better each Sunday!

**I appreciated the soft accompaniment of the guitar, which was arranged and played by Molly Strausbaugh, for the service on May 17.**



The reason I couldn't be there was that I was ill with a fever and some of the symptoms of Covid-19. A week ago, I felt really bad with no cough, and had an elevated temperature. I was tested on Tuesday for the virus and was found to be negative. **The Kaiser system was very efficient and helpful for me, and I want to thank the nurses and doctors here.** By Friday I felt a little better and had no fever but in a medically unrelated diagnosis, I could hardly walk and was more lame than usual. It is a killer bursitis of my hip; so, I have listened to my video-conferencing doctors, followed their treatment advice and therefore feel much better.

**Many thanks to Kathleen and all the other people who have checked on me by phone, and especially to my husband George, who cooked and cleaned and even brought me a new mattress topper!** All along I have been

reviewing music and paying my own Yamaha to prepare for the wonderful day when we are again gathered in our St Bede's nave.

**Mary Ferreira**



## FAMILY KITCHEN

We did not serve in May, as another church, with an abundance of young people asked to cook on another night.



**Depending on how things are, we will tentatively serve on June 22.**

Thank you all for your service.

**Margo Spence**



## "SPRING FLING" ~ "SUMMER STUFF"



They say, "Time flies when you're having fun!"  
These past few months have been challenging ~ and most of us would agree that the confinement caused by the Corona Virus hasn't been our idea of "fun."

The time hasn't exactly flown by; but many would also agree that **by keeping ourselves sheltered and healthy, we're helping others stay healthy and that has made it all worthwhile.**

I hope everyone feels that the benefits have outweighed the inconveniences!

**St. Bede's "Spring Fling," normally held at the end of May, obviously won't be happening this year at that time, as we'd tentatively planned, but it WILL happen!** We may have to change the name and date, but please plan on the event taking place as soon as it is feasible to do so.



**While you're cleaning out your own closets, cupboards, drawers and garages, you might want to consider asking your friends and neighbors to do the same with theirs.**

The more clean, well-loved, no longer needed donations we have, the more successful the event will be!

Thank you for helping in any way you can!  
Meantime, please stay safe & healthy!

**Thank you! Judy Drummond**



**We have an updated church phone book  
— ask or email Kathleen Ebbert for a copy.**

## EPISCOPAL CHURCH WOMEN (ECW)

ECW is in suspension like Church and all other activities.

**It was good to visit with people on the Church Virtual Coffee Hour and attend virtual church and compline services via computer.**

Otherwise, no activity is happening since groups of people are not yet part of the phase-in plan for Washington State.



**The St. Bede Facebook page has information about virtual opportunities.** [www.Facebook.com/stbedesepiscopalchurch](http://www.Facebook.com/stbedesepiscopalchurch)



**As for ECW activities and planning, when the word arrives that we may again meet, we will be ready to plan and continue our good works at St. Bede. Please do stay safe and healthy.**

**Meanwhile, do save any good, usable items you might be planning to donate as we are still hopeful that the Spring/Summer Fling, also defined as a rummage sale, can be added to activities when the Church is again open.**

Until the church is open for people again...

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God, Grant me the  
Serenity  
to Accept the Things  
I Cannot Change  
Courage  
to Change the Things  
I Can & the  
Wisdom  
to Know the Difference

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**Mary Ann Balyeat**



On-line services and videos may be viewed on Facebook:  
[www.facebook.com](http://www.facebook.com) and enter St Bede Episcopal Church Port Orchard, or St Antony Episcopal Church Silverdale, or our St Mark's Cathedral – [www.facebook.com/saintmarksSeattle](http://www.facebook.com/saintmarksSeattle)

*For Slowing Down*

*“To slow down,  
To find calm in the chaos.  
To be present.*

*To connect to those things that deeply matter  
to us.*

*To think creatively.  
To be creative.”*

*To those who are at home with busyness,  
this might be a disquieting time.*

*Perhaps embrace it as a chance  
to live as we should be periodically living  
-not busy,  
but calm and quiet*

*Peace I leave with you; my  
peace I give you. I do not give  
to you as the world gives. Do  
not let your hearts be troubled  
and do not be afraid.*

*John 14:27*



## **TIDINGS**

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Priest in Charge  
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## **Services:**

*When the Covid-19 restrictions are lifted, our regular 8AM and 10AM Sunday Holy Communion Services and 11am Wednesday Holy Communion, Bible Study and Prayer Service will resume.*

*On-line services and videos may be viewed on [www.facebook.com](http://www.facebook.com) and enter St Bede Episcopal Church Port Orchard, or St Antony Episcopal Church Silverdale, or St Mark's Cathedral [saintmarksSeattle](http://saintmarksSeattle)*



St. Bede Episcopal Church  
P.O. Box 845  
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In the love of Jesus Christ, St. Bede joyfully welcomes you  
and seeks to serve and to nurture spirituality in all.