



**The Venerable  
Bede**

***St. Bede Episcopal Church***  
*Port Orchard, WA*



***Our Newsletter***

**"The Tidings"**

**SEPTEMBER, 2020**

***Special Events***

***Wearing Masks and Social Distancing  
continue to be  
our Blessing to one another.***

***St Bede on-line services continue  
on Facebook  
with Holy Eucharist on Sunday mornings  
at 10am and Compline  
on Sunday and Tuesday evenings at 7pm***

***We are doing our best to keep in touch  
with each other, by phone, email,  
Facebook, and texting.***

***We will get through this!***

## Message from our Priest in Charge – Joseph Hickey-Tiernan

### A 400 YEAR GAP to FILL



I don't know why I hadn't noticed this coincidence before: last Sunday's First Reading, from Exodus, mentioned in passing that the length of time the Hebrews were in Egypt as slaves was **four hundred years**. That was the period between the Patriarch Joseph's reunion with his own brothers, who had sold him into slavery, and the coming of Moses to lead them out of Egypt and into the Promised Land. The Promise referred to here was part of the Genesis narrative we have been following Sunday after Sunday since June 14<sup>th</sup>. Last Sunday marked the appearance of Moses and the prelude to the Liberation of the Israelites from slavery, in the biblical Book we call Exodus, The Way Out.

And the coincidence? This month marks **four-hundred-and-one years** since August 1619, when 20 Africans were sold to English colonists near the colonial port of Port Comfort in the English Colony of Virginia. This was the beginning of the spreading stain on our North American conscience that we have tried to wash out ever since. It hit home for me earlier this summer, as Deborah and I were playing the "game" of finding our roots through Ancestry.com.

I have long treasured my copy of *The Tiernan and Other Families*. That book and its sister volume on *Luke Tiernan of Baltimore* were the basis of the first historical article I ever wrote. Luke Tiernan, a first cousin of my great-great-grandfather Patrick Tiernan, as I was proud to spell out in my college freshman essay, was a leading citizen of Maryland; raised the money to build Benjamin Latrobe's marvelous first cathedral in America, begun in 1806; and completed the fortification of Fort McHenry just in time to thwart the British invasion of Baltimore in 1814. What the books I relied on for that history never mentioned was that my own ancestor and Luke, the subject of my encomium of family "connections with greatness," were both slave owners. Luke was wealthy, Patrick a farmer who served with Washington at the Battle of Yorktown, but both were among the Christian elite who nonetheless claimed the right to own other people as their property. My discovery, fifty-six years after my

college research, left me reeling with shame, and disoriented as a descendant of slave owners. Any property or wealth my family ever held is long gone to the past, but the stain continues to leave blotches in its train. In Philadelphia, where I grew up and where my great-great-grandfather Francis worked as a tea merchant and is buried, an *Act of Abolition* was passed in 1780, stating its central principle:

*“It is not for us to enquire why, in the creation of mankind, the inhabitants of the several parts of the earth were distinguished by a difference in feature or complexion,” read the abolition act passed that day in Pennsylvania. “It is sufficient to know that all are the work of an Almighty Hand.”*

Technically, slavery in Pennsylvania ended then and there—but then indentured service took over for many, and the property rights of “owners” maintained priority. Indenture replaced out-and-out slavery as a midway stage, a benefit chiefly to those who owned the bond contract. There was a six-year-old girl who *began* her indenture term in 1844. The Emancipation Proclamation, the 13<sup>th</sup> Amendment, linguistic niceties around what legally defined slavery and its downstream realities, allowed gradualism to pose as a replacement for the previous enslavement. These alternatives to true freedom continued to function, even in the North. Of course, in the South, Jim Crow laws whittled away at true citizenship for African Americans, and the resurgent Ku Klux Klan, racial restrictions in legal home sale contracts, and de facto segregation and bigotry made very clear that being Black meant being subordinate and dependent on “the way things were.”

It helped me a little, as a teenager, to know that we are not guilty of the sins of others or of the past. It helped me as a young man to engage directly in the overturning of both the legal injustices that remained, and the physical, psychological and spiritual ravages of discrimination on innocent men, women and children, “All [who] are the work of an Almighty Hand.” What I need now, and what I believe all Christians and all persons of Good Will need, is the Blessing of a New Hope for our Country.

It will not come without learning to converse with the Other, learning to listen and tell our own story and that of our families. I readily admit we have not arranged even to make that conversation possible. It will involve recognizing that there are aspects of racial discomfort we do not see, and feelings about race—our own included—that belong to the once-upon-a-time that needs to be let go of. **I would like to believe that my intentions are good, and therefore they are enough.** They are not. A New Hope will come as a grace, and not by arguing about who is more to blame and who benefits more by the status quo. We are too close to the earth to have that “bird’s eye view” of what is more objectively true. Our feelings and those of others keep sloshing around, making us unsteady in our observations of one another and of ourselves.

I am praying more about this now than I have for many years. **It is being prompted, no longer by guilt, but by Hope itself.** Is anyone else motivated to pray together about this? How can we get into conversation with persons whom we see as Other, or who see us that way? We must begin.

**Beginners**, that’s what we must become again. **I hear that voice in my prayer**, the one we want to believe in more in **this year of the overturned apple cart.**

**Behold, I make all things New! That’s the Comet I want help searching for, again.**

*Joseph, priest*



*John and I would like to **thank everyone that sent us a congratulations card for our 50<sup>th</sup> anniversary.***

*It made us feel very special.*

*We were unable to go anywhere or really do anything, so all those who reached out to us made it a special time.*



**THANK YOU,**

*John and Jami Bledsoe.*

## ST. BEDE FAMILY SEPTEMBER BIRTHDAYS

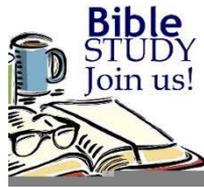


Happy Birthday!

Barbara Dirks	Jonah Wilson
Elias McFarland	Fran Valley
Kristal Wilson	Joe Wiltz
Teresa Barnet	Naomi Wanliss
Judy Wilkin	Ken Burtner
Charlie Davison	Elena Hopkins

### Invitation to St. Bede's Wednesday Bible Study with Joseph Hickey-Tiernan

We meet on Wednesdays, via Zoom, at 11 am-11:45 am  
to read and discuss the readings for the following Sunday.



**We would love to have you join us.**

Each Tuesday you will be sent the link to join the  
Zoom meeting on Wednesday,  
and a copy of the readings.

**If you are interested, please contact Karen Bathgate.  
360-792-1807; kbathgate@comcast.net**

**St. Bede's Episcopal Church**  
**Treasurer's Report**  
**July 2020**

	Jul	YTD	Budget YTD	YTD Diff.
<b>Pledge &amp; Plate</b>	\$ 6,570	\$ 68,896	68,344	\$ 552
<b>Diocesan Grant</b>	\$ 14,619	\$ 14,619	\$ -	\$ 14,619
<b>Other Income</b>	\$ 3,030	\$ 22,571	\$24,576	\$ (2,005)
<b>Total Operating Income</b>	\$ 24,219	\$106,086	\$ 92,920	\$ 13,166
<b>Operating Expense Outreach from</b>	\$ 9,449	\$ 70,764	\$ 74,419	\$ (3,655)
<b>Operating Income</b>	\$ 176	\$ 5,179	\$ 8,660	\$ (3,481)
<b>Diocesan Assessment</b>	\$ 3,028	\$ 12,630	\$ 13,473	\$ (843)
<b>Total Operating Expense</b>	\$ 12,653	\$ 88,573	96,552	\$ (7,979)
<b>Net Income/(Loss)</b>	\$ 11,566	\$ 17,513	(3,632)	\$ 21,145

**Uncommitted Cash** Not  
Assessed  
\$ 57,122

**General:**

1. All transfers from the St. Bede checking account have been made.
2. All accounts except the DIF and Edward Jones have been reconciled.

**Income:**

1. St. Bede has Operating Net income of \$17,513. This includes \$21,000 transferred from the Unassessed Reserve and \$14,619 PPP Grant to cover 2 months of salaries. This is \$21,145 better than budgeted.
2. Net income includes a \$10,000 pledge that was scheduled to be received in October.

**Expenses:**

1. Operating Expense is \$88,573. This is \$7,979 better than budget.
2. Outreach is below budget by \$3,481. The BC should look towards spending some of this.
3. Property costs are under budget by \$4,837. This is primarily Maintenance & Repairs.

4. Diocesan Assessment is down by \$843. This reflects the additional assessment amount on the PPP Grant.

**Balance Sheet:**

1. Expense Reserve (Un-assessed) is \$40,891

**Other:**

1. St Bede has applied for:
  - a. A \$500 Communication Matching Grant. The match will be either the Pop-Up grant or from the Building Reserve.
  - b. A \$4,000 Pop-Up Grant to provide improved safety & communication upon reopening.Both grants are under consideration as of 8/12/20.
2. St Bede applied for a Congregational Development Grant of \$3,500 for 2021. This will cover Building Security.
- 3.

**Joseph F. McGuire III**

**Treasurer 08/12/20**

## ALL CONGREGATION EMAILS

**All congregation Emails (aka Balyeatgrams) are sent out to keep St. Bede people up-to-date on what is happening at St. Bede Church and to reinforce what we have read in the Tidings (and maybe forgot).**

**Some of you have said that you do not receive them.**

The list is made up from the St. Bede Directory. If your email is in that directory, then it is probably on my list.

**If you will check your “junk mail” folder and still do not find them, please do let me know.**

An email can be sent to [wm.mab@wavecable.com](mailto:wm.mab@wavecable.com) with your information included. Some computers have filters that divert mail away from the inbox. I do have nine separate lists to keep as few addresses as possible on any list.

However, the filters sometimes deny receipt of the email.

My own PC is intermittent in letting them through or not.

**If you do NOT wish to receive these Balyeatgrams, do let me know.**

**Thanks, Mary Ann Balyeat.**

## THE WOMEN OF ST BEDE CHURCH

**How are you doing?** There is no news to report on the ECW activities at St. Bede; however there is some information that I'd like to share regarding the **Province VIII district from Daryl Storey, ECW Representative for the Diocese of Olympia.**



**Daryl Storey reports that a Zoom Conference was held via Hawaii for all of Province VIII of which we are a part. I have included an excerpt of her report.**

For anyone who wants more detail, I can forward her email.

*“Saturday morning, our Province VIII president, Evita (Eeveta, as she self described herself) led us in prayer and then we watched a video about the Episcopal Church in the Hawaiian Islands, which was very interesting. At 10 we started our business meeting, approving 2019 minutes, with reports from United Thank Offering (UTO), Church Periodical Club (CPC), Girl’s Friendly Society (GFS) and Daughters of The King (DOK). We heard a bit about where grants are available for 2021 and who beneficiaries were for 2020. We okayed some bylaw changes and approved new 2021-2024 ECW board officers for the next 3-year term. We spoke about the uncertainty about when and where our Triennial might be held, currently scheduled for Baltimore in 2021. There were several music videos from Daryl Storey (yours truly) that accented the themes through the weekend, most notably, “The Servant Song”. As Christian women in community we imagined “who we are” and “what do we want” as we continue in our roles in these unsteady times.” “I thought this was a great phrase, describing ECW: ‘If you want to go fast, go alone. If you want to go far, go together’.”*

**As you can see, ECW (Episcopal Church Women) is part of a larger group and covers more segments than most of us realize. I hope this helps you to understand our existence as part of the “whole”. My question to you is: Does this open more creative thoughts for our St. Bede ECW and its mission?**

**Mary Ann Balyeat**

## RE-GATHERING TEAM



**St Bede Re-Gathering Team, has been meeting regularly** to determine, with direction from the Diocese, and the State, what we need to accomplish before we may re-open our buildings to our people.

Joe McGuire has been diligently installing the new **‘no touch’ faucets, soap and paper towel dispensers** in the kitchens and restrooms, in our Church and Parish Hall buildings.

Despite many frustrations – wrong parts, old pipes, etc.- Joe has succeeded in getting everything working! We are also grateful for a generous donation of face masks from Fred Meyer.

**Joe McGuire, Jessica Proud, Arthur Ferguson, Kathleen Ebbert.**

### FOOD FOR THOUGHT

*"Give your entire attention to what God  
is doing right now.  
God will help you deal with  
whatever hard things come up  
when the time comes.*

*Matthew 6:14.*



# PARISH NURSES

## Breathe Better at Home



### Outside Air

Most home heating and cooling systems simply recirculate the air that's already in the house, including all the dust, dirt, and pollen. When the weather's nice and pollen counts are low, open windows and doors to freshen things up.

### Simple Cleaning Products

Some cleaners have harsh chemicals that can cause breathing problems or trigger an allergy or asthma attack. Read labels carefully and stay away from ones that have volatile organic compounds (VOCs), fragrances, or flammable ingredients. You can make your own cleaners with plain soap and water, vinegar, or baking soda.

### Houseplants

These can be more than nice to look at, especially if your home is energy-efficient or not well-ventilated. In addition to getting rid of carbon dioxide and boosting oxygen levels, some can even help clear the air of chemical vapors.

### Your HVAC

A dirty filter on your heating and air conditioning unit can keep air from flowing the way it should and lead to mold growth if it gets damp. Change it at least every 3 months and make sure it fits well.

### Bathrooms

If there's mold in your house, the tiny spores can float into your nose and even your lungs. That can lead to allergy symptoms, like coughing or sneezing, or other breathing issues. The fungus loves damp areas, so keep bathrooms dry. Turn on a fan or open a window to help move air after you shower, and hang up wet towels and washcloths. If you see mold in the tub or other areas, you may need to clean more often to help keep it at bay.

## Air Fresheners

Even pleasant smells can cause problems. Some air fresheners, aerosol sprays, including some health and beauty products have VOCs in them that may bother your nose and throat.

## Fresh Fruits and Vegetables

If you keep them too long, mold can grow on them. Check stored fruits and vegetables often, and toss anything that has mold or slime on it. To keep them fresh longer, don't wash them before you store them -- do that just before you eat them.

## Cockroaches

These bugs can cause problems even after they're dead. When they die, their bodies break down into small bits, and those can get into the air. The same can happen with their poop. Those bits can get into sheets, pillows, and other fabrics, and may trigger asthma attacks or allergic reactions. If you know you have a roach problem, use roach baits instead of sprays.

## Leaks

These can happen with sinks, toilets, showers, dishwashers, or refrigerators -- even your roof. Pooled water can lead to issues with mold and cockroaches, so any leak needs to be taken care of quickly.

## Leftovers

The only thing cockroaches like more than water is food. When dinner's over, put anything that's left in airtight containers. And if you throw food away, make sure it's into a trash can that has a lid on it.

## Pets

Dander and other allergens that Fido and Fluffy bring in from outside can cause trouble for your lungs. As hard as it might be, it's a good idea to keep them out of bedrooms and off beds. If that's not an option, bathe them regularly and vacuum the areas where they spend time.

## Forgotten Areas

Cabinet tops and vent hoods are a couple of places people sometimes forget to clean, along with behind toilets and under bathroom sinks. Wipe them down every so often with warm, soapy water. Give your pets' dishes a daily wash, too.

## Linens and Rugs

Wash sheets, pillowcases, blankets, and area rugs once a week in 130-degree F water to help get rid of dust, mold, mites, and other things that can affect your breathing. Throw pillows that don't have zip-off covers collect dust mites and pet dander and can be hard to clean.

## Furniture

Fabrics can trap dust, pollen, and other allergens. The next time you give the living room a new look, consider leather or vinyl furniture instead of cloth. If you have issues with allergies or asthma, you also might want to hang blinds instead of curtains, and dust them regularly.

## Flooring

Hard surfaces, like wood, don't collect things that affect your breathing the way carpet can. If you need some soft areas, use throw rugs you can clean in a washing machine or sink. If you can't take up your carpet, vacuum it weekly with a cleaner that has a HEPA or small-particle filter.

**Ken and Mary Hulet, Parish Nurses**

**On-line services and videos may be viewed on Facebook:  
[www.facebook.com](http://www.facebook.com) and enter  
St Bede Episcopal Church Port Orchard.**

**You do NOT have to be a member of Facebook.**

## FAMILY KITCHEN



White long grain rice was what I ate growing up because that was what momma fixed. I was an adult when I learned about Basmati and Jasmine rice. Then I learned about Indian rice and sticky rice.

**The rice used for our entrée yesterday was the sticky rice variety, The more we tried to fluff it the stickier it became!**

It tasted good, but the texture was questionable, Lesson learned.



**Thank you Sarah Yergin, Linda Varda, and Jami Bledsoe for your help and encouragement.** It is always a blessing to see you.

**We serve on the 2nd to the last Mondays of the month,** This month there were 5 Mondays so we served later in the month than usual.

I am hoping to share the meal planning for Family Kitchen with 2 or 3 other people rotating the “charge” position. I am tired, I love being part of Family Kitchen, but I need a little help. Planning bagged meals for people that may or may not have a kitchen can be daunting. Pray about it, think about it, and pray for the people we serve.

**Next month Family Kitchen will be on Monday, September 21st.**



Love you all,

**Margo Spence**



**An updated church phone book is available. Please contact Kathleen Ebbert and a copy will be mailed to you.**

## MUSIC REPORT



**Greetings from the music corner of the virtual screens.** We have been singing during our on-line services and keeping our prayers in music. Our hymns for the months have been carefully chosen by Joseph, and Kathleen and plugged in to the Bible readings and psalms to add meaning to the day.

**Did you know there is a Standing Commission on Church Music?** I wonder if they are meeting virtually now to work on the next collection of hymns. Their objectives are to reflect the nature of today's Church by including works of contemporary artists and representing many cultures.



**On August 2, our Pastoral Intern, Chuck Huff gave the sermon and chose Hymn #536, "Open your ears, O faithful people".** The ending words we sang were "Torah Ora", which is Hebrew for, "The Law is our Light."

That Sunday we also sang a tune called "Land of Rest", an American folk melody adapted and harmonized by Annabel M. Buchanan, who lived from 1889 to 1983; "I come with joy to meet my Lord." The alternate words are "Jerusalem, my happy home", which were penned sometime during the 16th century.

These hymns have a history and beauty that can have meaning for the ages. It doesn't sound like a rock concert.- it sounds like the friends at St. Bede's that we know and gives us that moment of familiarity and support.

**Love and good music to you all,**



**Mary Ferreira**

Sometimes you  
have to rethink the  
things you thought  
you thought  
through.



-Winnie the Pooh

[amomentsimpheasant.com](http://amomentsimpheasant.com)

*You must always remember...*

You are **Braver** than you believe.

**Stronger** than you seem.

and **Smarter** than you think.



-Christopher Robin

## **TIDINGS**

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**St. Bede Episcopal Church**  
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**Priest in Charge**  
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## **Services:**

*Times of our Sunday and Wednesday  
Services may (or will) be reviewed  
when the Covid-19 restrictions are  
lifted.*

*On-line services and videos may be  
viewed on [www.facebook.com](http://www.facebook.com) and  
enter *St Bede Episcopal Church Port  
Orchard, or St Antony Episcopal  
Church Silverdale, or St Mark's  
Cathedral* [saintmarksSeattle](http://saintmarksSeattle)*



St. Bede Episcopal Church  
P.O. Box 845  
Port Orchard, WA 98366

In the love of Jesus Christ, St. Bede joyfully welcomes you  
and seeks to serve and to nurture spirituality in all